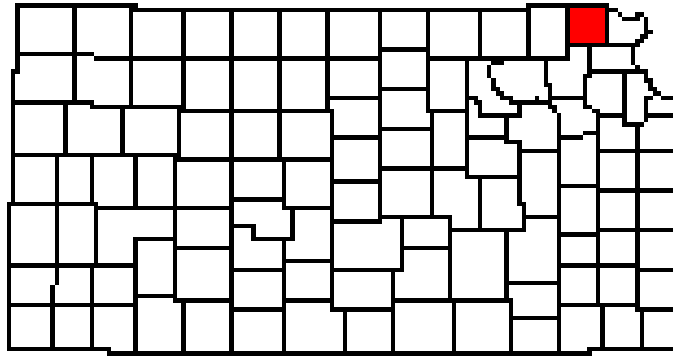


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Books:

No libraries in your county have Arthritis Foundation books. Please see surrounding counties.

Rheumatologists:

There are no rheumatologists located in your county. Please see surrounding counties or rheumatologists located in [St. Joseph, Kansas City Metro Area, MISSOURI](#) or [Lincoln, Omaha, NEBRASKA](#).

Programs:

Arthritis Foundation Aquatic Program

The warm water exercise program offers improved joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Currently, there are no Arthritis Foundation Aquatic Program classes offered in your county. Please see surrounding counties.

Arthritis Foundation Exercise Program

This program is a gentle land-based exercise class for increasing or maintaining joint flexibility, range of motion and muscle strength. Videos are available for at-home exercises from the Arthritis Foundation.

Senior Citizens Center
116 W 8th Street
Horton, KS 66439

CONTACT:
785-486-2642

Support Groups:

There are no support groups located in your county. Please see surrounding counties.